MATERNAL MENTAL HEALTH NOW

supporting the well-being of growing families

2026 CONFERENCE

WHOSE EVIDENCE?

Converging Clinical & Community Pathways in Perinatal Mental Health Care

OCT
19 & 20

THE CALIFORNIA ENDOWMENT
LOS ANGELES

1000 N. Alameda Street, Los Angeles, CA 90012

SPONSORED BY

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This year's conference centers on the clinical dimensions of perinatal mental health, exploring the diverse range of effective evidence-based practices, as well as community-facing interventions.

We will discuss evidence-based interventions such as Internal Family Systems, Eye Movement Desensitization and Reprocessing (EMDR) and somatically informed psychodynamic modalities. We will also discuss community-facing interventions, such as the healing power of storytelling, the importance of connecting to nature to regulate the nervous system, the use of doulas and midwives to support the birthing individual–all of which are significant protective factors in preventing and addressing perinatal mental health conditions.

This conference will leave attendees from across the healthcare spectrum better informed about the depth and scope of perinatal mental health conditions, more clinically equipped with 'how to,' and genuinely inspired to wonder 'how can we do better together?'

This event is approved for CE credit for Mental Health Professionals.
Note: Attendance on both days is required to receive full CE credit.

REGISTER AT:

www.maternalmentalhealthnow.org/2026-conference

Program Learning Objectives

By the end of this program, participants will be able to:

1. **Advance clinical excellence in perinatal mental health**
   Describe evidence-based approaches such Eye movement Desensitization Reprocessing (EMDR), somatically informed psychodynamic interventions, Internal Family Systems (IFS) and assess which modality would be most appropriate to treat perinatal mental health conditions on a case by case basis.

2. **Bridge clinical care and community-based supports**
   Discuss and explain how community-facing interventions (e.g., storytelling, nature-based practices, doula and midwifery support) can complement clinical care and contribute to improved perinatal mental health outcomes.

3. **Amplify lived experience and community voice**
   Integrate and use the perspectives and lived experiences of birthing people and families into program development, service delivery, and policy or advocacy initiatives.

4. **Foster cross-sector collaboration**
   Identify and develop partnerships across the healthcare spectrum to improve referral pathways and support coordinated systems of perinatal care.

5. **Advance equity and culturally responsive care**
   Apply inclusive, culturally responsive practices to address disparities in perinatal mental health and meet the diverse needs of birthing people and families.

6. **Inspire innovation in perinatal mental health care**
   Design collaborative, innovative approaches to reimagining perinatal mental health care in service of birthing people, children, and families.

DAY 1

October 19, 2026

TIME (PST)	TOPIC(S)
8:30 - 8:45 AM	OPENING REMARKS *Kelly O'Connor & Zari Hedayat, PhD, LMFT*
8:45 - 10:15 AM	KEYNOTE + Q/A The Anthropology of Family *Meredith Small*
10:15 - 10:30 AM	***BREAK***
10:30 - 11:30 AM	PRESENTATION EMDR and Perinatal Mental Health: Clinical Choice Points *Elyse Springer, LMFT, PMH-C*
11:30 AM - 12:30 PM	PRESENTATION Democratizing Doula Care: How to Include Doulas on Your Care Teams *Zoya Khan*
12:30 - 1:30 PM	***LUNCH & BOOK SIGNING***
1:30 - 2:30 PM	PRESENTATION The Healing Aspects of Storytelling *Nicole Blaine*
2:30 - 3:30 PM	BREAKOUT SESSIONS (Choose One) Pain Into Punchlines: Storytelling Workshop *Dahéli Hall* EMDR Demonstration Session *Elyse Springer, LMFT, PMH-C*
3:30 - 3:45 PM	***BREAK***
3:45 - 4:45 PM	PRESENTATION Understanding Mom Parts: An Internal Family Systems Framework for Maternal Mental Health *Jessica Sorci, LMFT, PMH-C*
4:30 - 5:00 PM	STORYTELLING + CLOSING REMARKS

This is a preliminary event schedule. Presentations, speakers and sessions are being finalized and are subject to change.

DAY 2

October 20, 2026

TIME (PST)	TOPIC(S)
8:30 - 8:45 AM	OPENING REMARKS
8:45 - 9:45 AM	PRESENTATION Bridging Evidence-Based Practice and Community-Informed Care: Integrating Somatic Approaches for Trauma-Responsive Perinatal Care *Helena Vissing, PsyD, SEP, PMH-C*
9:45 - 10:45 AM	PRESENTATION The Healing Power of Nature: Coregulation through Connection *David Washington, LCSW*
10:45 - 11 AM	***BREAK***
11 AM - 12 PM	PRESENTATION Community-Led Change in a Time of Uncertainty *Sonja Castaneda-Cudney, M.A.*
12 - 1 PM	***LUNCH***
1 - 2 PM	BREAKOUT SESSIONS (Choose One) Pain Into Punchlines: Storytelling Workshop *Dahéli Hall* Grounding in Practice: Somatic Tools for Regulation, Reflection and Care *Alex Villalba & Durga Abbas* EMDR Demonstration Session *Elyse Springer, LMFT, PMH-C*
2 - 2:15 PM	***BREAK***
2:15 - 3:45 PM	PRESENTATION Understanding Postpartum Psychosis: Fact v Fiction *Diana Lynn Barnes, Psy.D PMH-C* Panel Discussion *Diana Lynn Barnes, Psy.D PMH-C and Zari Hedayat, Ph.D, LMFT*
3:45 - 4 PM	CLOSING REMARKS

This is a preliminary event schedule. Presentations, speakers and sessions are being finalized and are subject to change.

SESSION DESCRIPTIONS

DAY 1 | OCTOBER 19, 2026

KEYNOTE

The Anthropology of Family

Speaker: Meredith Small (she/her)

Meredith Small is an acclaimed anthropologist and author. She will guide us through an illuminating and thought-provoking look at the nature of family across time and cultures. Acknowledging the various forms of family around the world, in other societies, through ancient history, and archaeological evidence, Dr. Small will share how it all compares and contrasts with the now assumed family structure in Western culture, especially the United States. People have always adapted the notion of family to their own worldview, beliefs, and economic necessities - Dr Small shows how our innately human need for belonging can be drawn upon to navigate the uncertainties of today's world.

PRESENTATION

EMDR and Perinatal Mental Health: Clinical Choice Points

Speaker: Elyse Springer (she/her)

This breakout session will focus on the clinical decision-making involved in using EMDR Therapy with perinatal mental health clients. Attendees will explore how to identify target memories, assess readiness for reprocessing, choose between standard EMDR protocol and early intervention protocols, and respond to common clinical blocks such as overwhelm, looping, avoidance, provider betrayal, fear of future birth, and attachment-related distress. The session will emphasize case conceptualization, cultural humility, resourcing, interweaves, and protocol selection as key choice points in perinatal EMDR work.

PRESENTATION

Democratizing Doula Care: How to Include Doulas on Your Care Teams

Speaker: Zoya Khan (she/her)

As Medi-Cal and other health plans expand doula benefits, more families can access continuous support during pregnancy and postpartum at no cost. This session shares how Raya Health makes insurance-covered doula care accessible and offers practical steps for integrating doulas into care teams. Because doulas build trusted, ongoing relationships with the people they support, they play a key role in recognizing early signs of perinatal mood and anxiety disorders and connecting families to mental health care.

PRESENTATION

The Healing Aspects of Storytelling

Speaker: Nicole Blaine (she/her)

Since the beginning of time, human beings have gathered around fires to share their truth, carry each other's pain, and heal.

In a world that so often isolates us in our struggles, story isn't just entertainment—it's a lifeline.

As the founder of Storyectomy (literally: getting your story out), Nicole Blaine takes the stage to share the groundbreaking findings from her mental-health storytelling initiative. Born from a mission to serve women, children, marginalized communities, and those navigating the overwhelming weight of grief, illness, and anxiety, Storyectomy proves that our deepest wounds can become our greatest sources of connection.

Discover how blending raw, authentic vulnerability with the uplifting power of laughter can strip away isolation, restore agency to the silenced, and turn personal suffering into a platform for collective healing and unstoppable growth.

Come learn what happens when we stop carrying our stories alone—and start sharing them together.

Nicole Blaine and Maternal Mental Health Now have been working together for the past three years to create healing stories and political advocacy for maternal mental health.

BREAKOUT SESSIONS (CHOOSE ONE)

EMDR and Perinatal Mental Health: Live Demonstration

Speaker: Elyse Springer (she/her)

This breakout session will offer attendees a live demonstration of EMDR Therapy applied within a perinatal mental health context. Participants will have the opportunity to observe how EMDR can be adapted with clinical sensitivity to address perinatal themes. The session is designed to help clinicians better understand the pacing, attunement, target selection, and case conceptualization considerations that arise when using EMDR with perinatal clients.

Pain Into Punchlines

Speaker: Dahéli Hall (she/her)

Pain Into Punchlines is a guided storytelling and comedy workshop that helps participants transform their most difficult personal experiences into powerful, authentic narratives. Born from SPADURA, Dahéli Hall's nationally-toured solo show about IVF, fertility grief, and the emotional weight of the baby industrial complex, this workshop offers a structured creative framework for processing pain through humor. Participants write, share, and find the comedic angle inside their hardest moments — not to minimize the pain, but to reclaim agency over it. For perinatal mental health professionals and the communities they serve, humor is an underutilized but evidence-adjacent tool for resilience, connection, and narrative reframing. This session introduces the Pain Into Punchlines methodology as a complementary resource for supporting clients navigating fertility loss, birth trauma, postpartum experiences, and the complex emotional landscape of motherhood.

Objectives:

At the end of this presentation, the learner will be able to:

1. Identify at least two ways humor and comedic storytelling can be applied as complementary tools for emotional processing and narrative reframing in perinatal mental health contexts.
2. Demonstrate use of the Pain Into Punchlines framework by applying at least one structured writing prompt to transform a personal or clinical narrative into a comedic story arc.

PRESENTATION

Understanding Mom Parts: An Internal Family Systems Framework for Maternal Mental Health

Speaker: Jessica Tomich Sorci (she/her)

This workshop introduces the Mom Parts Method — a non-pathologizing, IFS-informed framework for understanding the recognizable system of parts that emerges in matrescence and persists throughout motherhood. Beginning with

why motherhood itself poses a unique threat to mental health, participants will be introduced to a compassionate and highly effective way of working with the guilt, anger, anxiety, and shame that so many mothers carry. Through an overview of the inner landscape — including protective parts, the vulnerable Inner Baby, and the healing resource of the Inner Mom — participants will gain awareness of a powerful new framework and the five-step process at its core. Whether applied in individual therapy or community settings, the Mom Parts Method opens new pathways for helping mothers heal.

Objectives:
At the completion of this training, participants will be able to:

1. Articulate how core IFS concepts — including parts, Self, protectors, and exiles — apply to the specific internal dynamics that emerge in motherhood.
2. Name at least two ways in which matrescence poses a unique risk to mental health. (re-experiencing one's own attachment material, physical depletion, inadequate support. being subject to "good mom" mythology, falling victim to perfectionism and comparison)
3. Describe at least two ways the Mom Parts Method expands on classic IFS.
4. Describe the three core Mom Parts elements of a mother's inner landscape.
5. Articulate the five-step Mom Parts process and recognize how each step supports maternal self-compassion.

DAY 2 | OCTOBER 20, 2026

PRESENTATION

Bridging Evidence-Based Practice and Community-Informed Care: Integrating Somatic Approaches for Trauma-Responsive Perinatal Care

Speaker: Helena Vissing (she/her)

What happens when the interventions that clinicians see work in real-world perinatal care settings are not fully captured by traditional evidence-based frameworks? How do we acknowledge the limits of evidence-based frameworks without abandoning the crucial role of research in shaping accountable and effective care? This presentation examines the gap between evidence-based clinical interventions and community-informed perinatal care. Drawing on emerging research in perinatal trauma treatment alongside the increased focus on somatic approaches in clinical practice, it introduces a framework for integrating evidence-based principles with relational, culturally responsive, and community-facing interventions. Participants will explore how somatic approaches can serve as a translational bridge for an integrative framework that centers trauma-responsive care. Linking the research beyond the narrow scope of randomized controlled trials, our clinical experience, and real-world care systems, we can build approaches that support more accessible and trauma-responsive perinatal mental health.

PRESENTATION

The Healing Power of Nature: Coregulation through Connection

Speaker: David Washington, LCSW (he/him/his)

This presentation explores how spending time in nature and engaging with plants and gardens can help calm our nervous systems and support emotional wellbeing — and how these simple, accessible tools can be woven into community spaces and programs to support individuals and families during pregnancy, postpartum, and early parenthood.

PRESENTATION

Community-Led Change in a Time of Uncertainty

Speaker: Sonja Castaneda-Cudney, M.A. (she/her/hers)

Communities understand their own needs. Policymakers often diagnose populations from a distance. Research shows that addressing public health from macro and micro levels is effective, but what happens when the macro systems are unstable? Community-led change is evidence-based and is often more flexible and sustainable than macro-level or top-down policy change. In times such as these, when macro systems are unpredictable, community-based interventions can address public health needs in smaller-scale, tailored, and sustainable ways.

Objectives:
Following this presentation, the audience will be able to:

1. Identify the components of community-based health policy.
2. Critique the current landscape from which care is delivered and accessed so as to compare methods of top-down initiatives with community-based interventions.

BREAKOUT SESSIONS (CHOOSE ONE)

EMDR and Perinatal Mental Health: Live Demonstration

Speaker: Elyse Springer (she/her)

This breakout session will offer attendees a live demonstration of EMDR Therapy applied within a perinatal mental health context. Participants will have the opportunity to observe how EMDR can be adapted with clinical sensitivity to address perinatal themes. The session is designed to help clinicians better understand the pacing, attunement, target selection, and case conceptualization considerations that arise when using EMDR with perinatal clients.

Grounding in Practice: Somatic Tools for Regulation, Reflection, and Care

Alex Villalba (they/them) & Durga Abbas (she/her) - Wellness Space

This interactive wellness workshop offers participants practical, accessible somatic tools to support grounding, emotional regulation, and nervous system care during times of stress and overwhelm. Rooted in community-centered wellness practices, attendees will engage in guided grounding exercises, gentle chair yoga, breathwork, sensory-based regulation activities, guided meditation, and hands-on wellness activities such as herbal tea blending and essential oil roller creation. Designed for both providers and community members, this immersive session centers collective care, mindfulness, and accessible wellness practices that participants can integrate into both personal and professional settings.

Pain Into Punchlines

Speaker: Dahéli Hall (she/her)

Pain Into Punchlines is a guided storytelling and comedy workshop that helps participants transform their most difficult personal experiences into powerful, authentic narratives. Born from SPADURA, Dahéli Hall's nationally-toured solo show about IVF, fertility grief, and the emotional weight of the baby industrial complex, this workshop offers a structured creative framework for processing pain through humor. Participants write, share, and find the comedic angle inside their hardest moments — not to minimize the pain, but to reclaim agency over it. For perinatal mental health professionals and the communities they serve, humor is an underutilized but evidence-adjacent tool for resilience, connection, and narrative reframing. This session introduces the Pain Into Punchlines methodology as a complementary resource for supporting clients navigating fertility loss, birth trauma, postpartum experiences, and the complex emotional landscape of motherhood.

PRESENTATION

UNDERSTANDING POSTPARTUM PSYCHOSIS: FACT VS. FICTION + Q&A

Speaker: Diana Lynn Barnes, Psy.D PMH-C (she/her)

The Lindsay Clancy case has raised the collective consciousness about the extreme vulnerability for perinatal illness around the child-bearing years and the crucial significance of appropriate diagnosis and treatment. It has raised questions about continuity of care and provider documentation. Because psychosis in women who have given birth looks characteristically different than for those women who are not postpartum it is often misdiagnosed. This presentation addresses the nuanced symptomology of postpartum psychosis and the risk factors to consider when diagnosing. Creating a treatment team and the importance of mapping reproductive history as an integral part of assessment and treatment will be discussed. Panel discussion with Q & A to follow.

SPEAKER BIOS



Meredith Small (she/her), PhD, M.A., A.B.

Keynote: The Anthropology of Family

Meredith Small, author of *Our Babies Ourselves*, has dedicated her life and work to understanding how biology and culture shape human behavior. She is professor emerita of Anthropology at Cornell University, a popular science author & American primatologist. As a trained anthropologist, prolific author, and seasoned speaker, she invites us into a deeper understanding of the cultural contexts that shape how families experience pregnancy, birth, and early parenthood.



Elyse Springer (she/her), LMFT, PMH-C

EMDR and Perinatal Mental Health: Clinical Choice Points

Elyse Springer is a founding board member and current Policy and Advocacy Co-Chair for the California Chapter of Postpartum Support International, an Emeritus Governing Council member for Maternal Mental Health NOW, and an Emeritus Board Member for Return to Zero: H.O.P.E., after serving board terms for both perinatal nonprofit organizations. Elyse previously served as a Board Member and Clinical Advisory Panel member of 2020 Mom, a national maternal mental health policy and advocacy nonprofit, and was Chair of the Los Angeles County HIV Mental Health Task Force. Elyse previously served as training faculty for Love, Dad and is now supporting the organization's policy work. She is current training faculty for PSI-CA, MMHN, and RTZ: H.O.P.E. Elyse is a licensed marriage and family therapist in California, Oregon, and Washington, certified in perinatal mental health, an EMDRIA-Approved Therapist and Consultant, certified in Interpersonal Psychotherapy, supervises clinicians for the IPT Institute, was a 2024 Policy Fellow for the Policy Center for Maternal Mental Health, and is co-founder of the California Coalition for Perinatal Wellness Alliance. She lives and works in Los Angeles, California.



David Washington (he/him), LCSW

The Healing Power of Nature: Coregulation through Connection

David S. Washington, LCSW is a Licensed Clinical Social Worker licensed in California and Texas, with over 15 years of experience providing individual, group, and family therapy. A Certified Master Gardener and Certified Therapeutic Horticulture practitioner, David integrates trauma-informed, nature-based interventions into his clinical practice. He is the Founder and Director of The Planted Brain, Inc., a 501(c)3 nonprofit dedicated to expanding access to mental health care for historically marginalized and under-resourced communities. His work spans therapeutic horticulture workshops, program development, and trauma-informed support groups — rooted in the belief that healing and nature grow best together. David Washington is the lead Clinical Program Therapist at Huntington Health formerly Huntington Hospital.



Jessica Tomich Sorci (she/her), LMFT, PMH-C

Understanding Mom Parts: An Internal Family Systems Framework for Maternal Mental Health

Jessica Tomich Sorci, LMFT, PMH-C is a Level 3 IFS Certified therapist, IFSI Approved Clinical Consultant, and creator of the Mom Parts Method—a specialized application of IFS for maternal mental health. She's spent more than 15 years helping moms discover that all their parts (even the scary ones) make sense. Her book *When Good Moms Feel Bad: An Empowering Guide for Transforming Guilt, Anxiety and Anger into Compassion, Confidence and Connectedness* (Balance, 2026) introduces this work to mothers and practitioners alike. Jessica trains clinicians through her Mothercentered certification program and hosts an online community for moms navigating their own parts work.
www.momparts.com



Helena Vissing (she/her), PsyD, SEP, PMH-C

Bridging Evidence-Based Practice and Community-Informed Care: Integrating Somatic Approaches for Trauma-Responsive Perinatal Care

Helena Vissing, PsyD, SEP, PMH-C: Helena Vissing, PsyD is a licensed psychologist certified in Perinatal Mental Health and Associate Professor at the California Institute of Integral Studies, San Francisco. As a scholar of maternal studies and somatic psychology, she has published on the topics of the psychology of mothering and its somatic aspects. She is the author of "Somatic Maternal Healing. Psychodynamic and Somatic Trauma Treatment for Perinatal Mental Health". She is also host on the podcast channels New Books in Psychoanalysis and New Books in Somatics and on the editorial board of the International Body Psychotherapy Journal.



Nicole Blaine (she/her)

The Healing Aspects of Storytelling

Nicole Blaine is the owner, artistic and executive director of Crow Comedy Inc., a Santa Monica-based nonprofit dedicated to advancing social equity through humor and storytelling. With over a decade in the comedy industry, she has produced live shows in Los Angeles and New York, created comedy festivals like Bergamot Comedy Fest and released stand-up specials including Life's A Bit on Amazon Prime through Comedy Dynamics. At Crow, Blaine champions underrepresented voices – BIPOC, women, LGBTQIA+ and artists of all ages and abilities – through educational workshops, storytelling programs and curated performances. Her most recent initiative, Storyectomy, harnesses the healing power of storytelling to address mental health topics such as cancer survivorship, homelessness, maternal mental health, grief, addiction and veteran reintegration. Her mission is rooted in empathy, inclusion and community-building, using comedy as a tool for social change. Through Blaine's leadership, Crow Comedy has become a vital cultural platform that uplifts diverse voices while reshaping the future of comedy.



Sonja Castaneda-Cudney (she/her), M.A.

Community led change. Policy change from the bottom up. Advocacy and tools including reproductive advance directive.

Sonja Castañeda-Cudney (she/her) is a mixed-methodology policy researcher at the intersection of reproductive health and mental health. She is a founding member of Corvus Care Collective, a research, training, and policy change initiative with the mission to increase access to research-backed tools and guidance for providers seeking to deliver equitable, trauma-informed care. Sonja is a doctoral candidate in Planning, Policy, and Development at USC Price School of Public Policy. Her dissertation research is in service of providing whole-person support including trauma-informed family planning and reproductive health care for individuals living with serious mental illness (SMI) with the help of a tool called the Reproductive Psychiatric Advance Directive (ReproPAD).



Dahéli Hall (she/her)

Pain Into Punchlines: Storytelling Workshop

Dahéli Hall is a Los Angeles-based comedian, writer, performer, and facilitator who uses humor as a tool for truth-telling and healing. She is the creator of SPADURA, an award-winning solo comedy special about IVF, grief, and the baby industrial complex, which toured nationally, had its world premiere at

the 2025 American Black Film Festival, its Los Angeles premiere at the 2026 Pan African Film Festival, and has been acquired by Comedy Dynamics for a Fall 2026 release. A writer and performer on Netflix's Dear White People and Fox's Emmy-winning MadTV, Dahéli holds a BFA from NYU Tisch and an MFA from USC's Peter Stark Producing Program. She is a WGA and SAG-AFTRA member and founder of Pain Into Punchlines.



Diana Lynn Barnes, Psy.D PMH-C (she/her)

Understanding Postpartum Psychosis: Fact vs. Fiction

Diana Barnes is one of the leading experts on women's reproductive mental health and the criminal justice system. As editor and contributing author of the definitive text Women's Reproductive Mental Health Across the Lifespan, Dr. Barnes is frequently retained by legal counsel on cases involving infanticide, child abuse, pregnancy denial and neonaticide. She is a past president of Postpartum Support International and current sits on their president's advisory board. She is also a Board member of the North American Society of Psychosocial Obstetrics and Gynecology and the current chair and founding member of the International Marce Society Special Interest Group on Forensics and Maternal Illness. She is widely published in the academic literature including the Archives of Women's Mental Health and has authored chapters for other texts. Dr. Barnes is the 2009 recipient of a Lifetime Achievement Award from the Eli Lilly Foundation for her outstanding contributions to this field. She maintains a private practice in Sherman Oaks specializing in women's reproductive mental health across the lifespan.



Zoya Khan (she/her)

Democratizing Doula Care: How to Include Doulas on Your Care Teams

Zoya Khan is the CEO and co-founder of Raya Health, a maternal health company that helps Medi-Cal members get doula care covered by insurance, at no cost to them. Raya takes paperwork and billing off doulas' plates so they can spend more time supporting families before and after birth, when emotional support matters most. Before starting Raya, Zoya invested in digital and mental health companies at Civilization Ventures and was the youngest Editor-in-Chief of The Health Care Blog. She started Raya because she believes doulas and the families they serve should focus on care, not administrative tasks.

Conference Details

REGISTRATION RATES

Early Bird Rate - $375 *(Ends August 15, 2026)*
Regular Rate - $425

SCHOLARSHIPS

Limited partial scholarships are available for students/providers in the early stages of their career and BIPOC providers. To apply, please inquire for more information by emailing training_info@maternalmentalhealthnow.org.

ORGANIZATION / GROUP RATES

Save 15% on a regular priced ticket with our Group Rate! Purchase six or more tickets for your team or organization to attend the conference together.

TARGET AUDIENCE

Any health care or community-based provider who serves the expectant and postpartum community and wants to learn more about supporting and prioritizing the well-being of their clients who are navigating perinatal mood and anxiety disorders. This includes healthcare providers such as nurses, primary care/family practitioners, OBGYNs, pediatricians, physical therapists, mental health providers such as social workers, marriage and family therapists, psychiatrists, birth workers, and holistic care providers such as doulas, midwives, lactation consultants, nutritionists, and educators such as academics, public health professionals, researchers, and more!

CANCELLATION & GRIEVANCE

REFUND POLICY
All ticket sales for the conference are non-refundable.

This conference includes continuing education (CEs) for mental health professionals. Unfortunately, we are unable to offer partial refunds or subsidized rates for those who do not need CEs.

Any grievances may be made to Maternal Mental Health NOW at info@maternalmentalhealthnow.org.

CONFLICT OF INTEREST

Speakers are paid an honorarium for their time. There are no other known commercial interests affiliated with conference speakers.

RECORDING

Maternal Mental Health NOW will be recording the speakers, presentations, and discussions throughout this event. We hereby provide notice that, as an attendee of this

event, your likeness and voice may be captured by such recording. Through your attendance at the event, you grant Maternal Mental Health NOW the right to said recordings and to sell or distribute any of the recordings and any derivative works in any medium or form throughout the world and to use them for advertising, promotion or any other lawful purpose. You agree that Maternal Mental Health NOW does not have to get your approval of any of the photos or videos before using them.

ACCREDITATION

In compliance with our continuing education sponsors and their regulations, continuing education credits are only available for attendees participating in real-time. Recordings of the conference will not be provided to make up for missed sessions. Unfortunately, no partial CE credit will be offered.

CONTINUING EDUCATION

CE for Mental Health Professionals

Maternal Mental Health NOW is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. Maternal Mental Health NOW maintains responsibility for this program and its content.

This conference meets criteria for 13 continuing education credits for licensed mental health professionals including LMFTs, LPCCs, LCSWs, LEPs, and psychologists. APA-approved continuing education offerings are recognized by the Board of Behavioral Sciences (BBS) in the state of CA. Continuing education requirements vary from state to state. It is the registrant's sole responsibility to check with their licensing board directly to confirm if these CE credits will be approved.

****If you hold a license not listed here or are licensed outside of the state of California, please check with your licensing board directly to confirm that these CE credits will be accepted. We are unable to assist in verifying if CE credits will be approved for your license type/state outside of California.*

Following the event, please be sure to complete the survey evaluation, download your certificate, and save it within 30 days. *Links for download will be disabled at that time and any requests for assistance regarding certificates beyond 30 days will include a $15 processing fee. Standard processing time is 72 business hours from when the request is accepted by Maternal Mental Health NOW. For expedited processing, an additional $10 will be requested for a total of $25 processing fee.*

Please e-mail training_info@maternalmentalhealthnow.org for other questions regarding continuing education.