



Parents and Babies Study

Now recruiting parents looking for mental health support during pregnancy or postpartum.

We are testing a new group therapy to prevent postpartum depression, designed specifically for LGBTQ+ parents, by LGBTQ+ parents.

You may be eligible for this research study if you:

- identify as a queer and/or trans parent
- are pregnant or have given birth in the last 12 months
- are experiencing mild or moderate depression symptoms

Scan the QR code or visit redcap.link/parentsandbabies to take our screener and see if you are eligible!

Participants who are selected for the study will be compensated.



QUESTIONS?

Email parentsandbabies@northwestern.edu or
Text (872) 395-1196 to learn more about our program!

