

Help enhance representation in postpartum eating-disorder research!

What is this study about?

We know that eating concerns are common among Black, African American, and Afro-Caribbean individuals. However, these eating concerns are often overlooked because of racism and White-centric practices.

Existing eating disorder screening tools were developed for White individuals and do not work as well for Black, African American, and Afro-Caribbean individuals. This is a problem because without an accurate screening tool, individuals could “fall through the cracks” of the healthcare system and not get help they need.

We aim to develop the first eating disorder screening tool specifically for Black, African American, and Afro-Caribbean postpartum individuals.



Want to participate?

You will be asked to complete a 40-minute online survey about your eating, body image, and mood. Some questions are sensitive and could feel exposing, such as questions about your household income, family life, and education. Similar information has been used by other groups to exploit research participants. This is not our intention. Instead, we will use this information to understand demographic details of our research participants.

As a token of our appreciation, you will receive a \$50 gift card.

If you identify as Black, African American, or Afro-Caribbean, and have given birth in the past year, scan our QR code to get started!

Contact us for more information: eatstudy@ku.edu



This study is overseen and approved by the University of Kansas IRB (STUDY00149462).