

# Appendix A: Research Invitations

## Social Media Invitation

### Healing Through Generations: Research Study for African American Adult Daughters



You are invited to take part in a research study about intergenerational transmission of trauma, with a specific focus on African American adult daughters. This form is part of a process called “informed consent” to allow you to understand this study before deciding whether to take part.

#### **This study seeks 10 volunteers who are:**

- African American adult (aged 25-40) daughters whose mothers have experienced significant trauma that has been passed down, directly or indirectly, within the mother-daughter relationship.
- Raised in a low socioeconomic status environment that may have influenced emotional, mental, or relationship outcomes and affected access to mental health care.

#### **Meeting any of the following below would determine if you grew up in or experienced low socioeconomic status (SES):**

- **Limited or no access to after-school programs**, tutoring, or extracurricular activities due to cost, transportation barriers, or lack of availability in the neighborhood.
- **Inadequate access to libraries**, community centers, or safe recreational spaces.
- **Underfunded or overcrowded schools**, with limited academic support services.

- **Scarcity of mental health, social services, or youth programs** within the community.
- **Food deserts or limited access to affordable, nutritious food.**
- **Unsafe neighborhoods**, restricting outdoor play or community engagement.
- **Limited public transportation**, making it difficult to access resources outside the neighborhood.
- **Resided in subsidized or government-supported housing**, other public housing programs, or experienced housing instability during childhood.
- **Relied on government assistance programs**, such as Supplemental Nutrition Assistance Program (SNAP), Women, Infants, and Children (WIC), Temporary Assistance for Needy Families (TANF), or free and reduced-price school lunch programs.

This study is part of a Walden University doctoral project (Marlena Hunter, M.A., MFT). If you are interested in participating, please contact the researcher at [marlena.hunter@waldenu.edu](mailto:marlena.hunter@waldenu.edu).